

The Tech Kitchen program features an accessible home kitchen classroom with a variety of tools that make cooking possible, easier, and safer. Tech Kitchen staff includes a professional chef and licensed Occupational



Therapy staff trained to use assistive technology and techniques to address your specific disability needs.





The Tech Kitchen program will focus on serving those who receive services from one of the major bureaus of the Illinois Division of Rehabilitation Services. If you are interested in learning more, please

contact us.

Classes are based on your goals and can include:

- Cooking / Baking
- Nutrition / Dietary Restrictions
- Menu planning
- And more!

Tech Kitchen staff are available to visit your organization or classroom for AT cooking demonstrations and trainings.





For more information scan the QR Code!



- (217) 522-7985 (800) 852-5110
 - Relay services: Dial 711
- iltech.org
- techkitchen@iltech.org